

Don't Burnout! Build out!

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Exhortation, Introduction, & Alignment for this 101 Workshop

Coach Approach: the Plot & the Narrative

Ask: What is it like? Listen. Reflect what was said, in their words.

1. Attributes
 - a. Culture
 - i. Person A:

 - ii. Person B:

 - b. Infrastructure
 - i. Person A:

 - ii. Person B:

2. Challenges
 - a. Mindsets
 - iii. Person A:

 - iv. Person B:

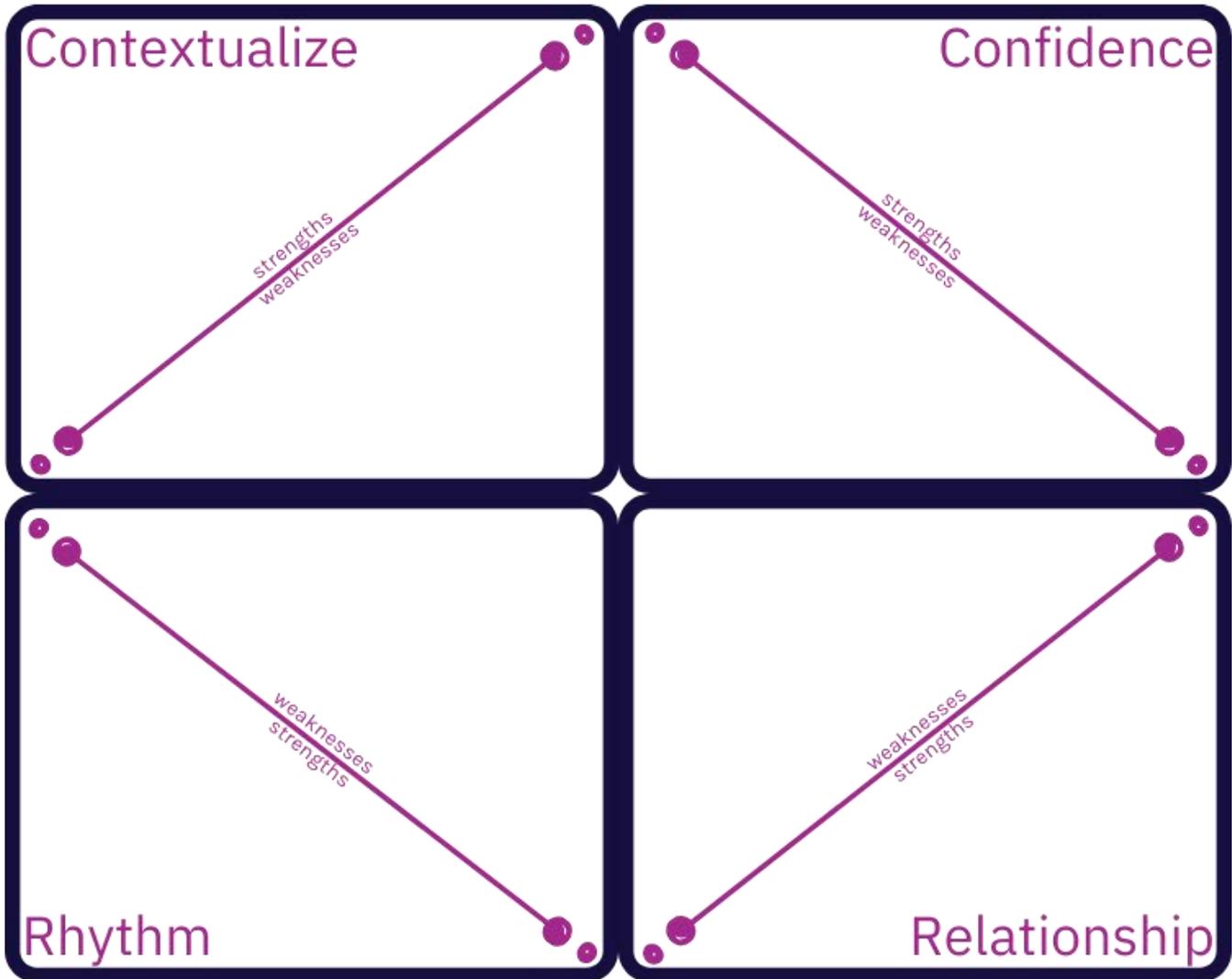
 - b. Process
 - i. Person A:

 - ii. Person B:

Teaching

A lens that directs us to building out, instead of burning out.

1. Contextualize within Church/Organization/Mission
 - a. MPD not as step-child, but as part of the family. Every family event. Even the group chat.
2. Confidence
 - a. Anointing, being marked by God.
 - b. Results.
3. Rhythm
 - a. Pressure can motivate us, we cannot allow it to silo us.
 - b. Slow is deep.
 - i. Good form, think “thorough”.
4. Relationship
 - a. Who is in my corner? How can I engage the team in process/mindset?
 - b. Go the extra mile.



Coach Approach: a 4-Quadrant Paradigm (10min)

Let's think about our own work with this in mind.

1. Diagnose weaknesses and strengths via CCRR Paradigm.
 - a. NOTE: Weaknesses are on the inner part of the quadrant. Strengths are on the outside.
2. Share about the area that you are most motivated to build out with your partner.

Reflection

Appraisal & Shifts

1. What is **lacking within me** in order to move forward in context, confidence, rhythm, and relationship?
2. What has **shifted within me** over this last 45 minutes together?
3. How can I/we become more aware so that we move our culture/infrastructure forward: avoid burnout and prepare to build out? **Propose Next Steps, not to Solutions but to Awareness for you and your team!**

Q&A

Survey