

Why You Should Utilize Group Coaching

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Template for Group Coaching Session:

What:	Time allotted: 20 min. session	45 min. session	1 hr. session
• Pray	2 min.	4 ½ min.	6 min.
• Set Expectations (use sheet)	2 min.	4 ½ min.	6 min.
• Each share wins and wars	3 ½ min.	7 ¾ min.	10 ½ min.
• Each share what they did last week (based on smart goals)	3 ½ min.	7 ¾ min.	10 ½ min.
• Each share what they will do the next week	6 min.	13 ¾ min.	18 min.
• Question time	2 min.	4 ½ min.	6 min.
• Close in prayer	1 min.	2 ¼ min.	3 min.

Expectations:

- What expectation do you set during onboarding the individual?
 - What people can expect from the coaching process
 - What group member expectations are of each other
 - What can they expect from you as a coach?
 - Confidentiality - between shared group and coach
 - How will you work together?
 - Create documents to send prior to support understanding
 - Coaching agreement signed
 - Set clear expectations prior
 - Any reports given to supervisor?
 - Any accountability that will be happening?
 - Any deadlines that will be expected?



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- What expectations do you set during each session?
 - Please, every person to stay mindful of airtime
 - Stay active and engaged
 - Any reports, deadlines, etc to be aware of continually
 - Confidentiality
 - Any specific group member expectations to be reiterated