



Topic: The Weary Coach: Differentiating Between the
Burden and the Load

Guest Speaker: Corrie Guckenberger

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Moderator

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Questions

During the presentation, please submit your questions for the upcoming Q&A time.

The image features a decorative border composed of various blue and green geometric shapes, including squares, triangles, and diamonds, arranged in a complex, pixelated pattern. This border frames a central white rectangular area.

Prayer



Corrie Guckenberger

Guest Speaker

MPD Manager
Back2Back



The Weary Coach: Differentiating Between the Burden and the Load

Guckenberger Family



Where we are headed

- Why I coach the way I do, Back2Back's Cultural Values
- Reasons of weariness
- Burden vs Load
- Knowing our Roles
- Ways to resolve

CULTURAL VALUES

INVITE

EVERYONE TO JOIN IN.

SHARE

OPEN-HANDEDLY.

LOVE

OTHERS LIKE JESUS DOES.

LEARN

CONSTANTLY.

DEVELOP

TOWARD SUSTAINABILITY.

STEWARD

RESOURCES WITH EXCELLENCE.

Reasons of Weariness

- If I am not leading in a good place, I am leading out of chaos
- When I am leading outside of my style
- If I do not have margin to refuel
- When Onboarder is not doing their part, so I find myself trying to do their part
- If I am not celebrating enough
- When I hear too many excuses

Burden vs. Load

- Galatians 6:2 Paul says, "Carry each other's burdens and in this way, you will fulfill the law of Christ"
- A few verses later in Galatians 6:5, he says, "Each one should carry his own load"
- What's deal? Do we help each other, or is each person supposed to take care of his own stuff?

Knowing our Roles

- Coaches' role

- Offering of help, encouragement, wisdom with tools learned and advocacy of support raising, equipping and training

- Onboarders' role

- Making calls, administrative logistics, presenting their 'Asks', following up

- Jesus' role

- Provider

Ways to Resolve

- Celebrate more
 - Recognize I have crossed the Load/Burden line
 - Learning to release my burdens to the Lord
 - Prayer
- *Matthew 11:28-30 "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden light."*

Recap

- Personal coaching styles, Back2Back's Cultural Values
- Different things will make each of us weary at times
- Burden vs Load
- Remembering our Roles
- Ways to step out of weariness and remember the joy



Q & A

